

PATIENT HEALTH HISTORY FORM

To our patients: Welcome to our practice. Please take your time to complete this form.

If you have any questions, please ask for assistance. Thank you.

GASTROENTEROLOGY CONSULTANTS, P.C.

LAST NAME	FIRST NAME	MIDDLE INITIAL/NAME
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Who referred you to our office? _____ **TODAY'S DATE:** _____

Please list any other physicians involved in your care: _____

DATE OF BIRTH: _____ **PLACE OF BIRTH:** _____ **OCCUPATION** _____

MARITAL STATUS: ___Single ___Married ___Separated ___Widow/Widower ___Divorced ___Partnered

REASON FOR VISIT: Please describe the problem which prompted your visit? _____

Please list any lab tests, procedures or X-ray/radiology studies performed (e.g. by another physician or ER visit), that may relate to your current problem: _____

MEDICATIONS: Please list all prescribed **OR over-the-counter** medications/supplements (including vitamins and herbal compounds) prescribed or taken recently. **Please include the dose and frequency for each item listed.**

_____	_____
_____	_____
_____	_____
_____	_____

DO YOU TAKE: Aspirin? [] YES [] NO Anti-inflammatory pain medications (e.g. *Motrin, Advil*, etc.)? [] YES [] NO

ALLERGIES TO MEDICATIONS:

OTHER ALLERGIES: _____

Any problems with iodine or intravenous contrast (dye)? [] YES [] NO Novocaine? [] YES [] NO
Have you ever experienced any problems with anesthesia? [] YES [] NO Explanation: _____

SURGICAL HISTORY: Please list **ANY** operations/surgical procedures performed in the past?

YEAR	TYPE OF SURGERY	SURGEON/HOSPITAL (If known)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

HOSPITALIZATIONS: Please list any medical illnesses that required hospitalization (other than for surgery or childbirth)

DATE OF LAST COLONOSCOPY: _____ or [] Never **REASON FOR EXAM:** _____

PHYSICIAN WHO PERFORMED EXAM: _____ **FINDINGS:** _____

Name: _____

Date of Birth: _____

Other major medical illnesses or problems not included above:

FAMILY HISTORY: Any member of your **family** (including parents, grandparents, siblings and children) ever had the following?

<u>Illnesses affecting OTHER family members</u>	<u>Relationship to you?</u>	<u>How old when diagnosed?</u>
Colon polyps or cancer of the colon _____	_____	_____
Breast cancer _____	_____	_____
Cancer – other type (describe part of body affected) _____	_____	_____
Ulcer disease _____	_____	_____
Liver diseases (cirrhosis, hepatitis, etc.) _____	_____	_____
Inflammatory bowel disease (Crohn's or ulcerative colitis) _____	_____	_____
Gallbladder disease or prior gallbladder surgery _____	_____	_____
Hypertension/high blood pressure _____	_____	_____
Heart disease _____	_____	_____
Diabetes _____	_____	_____
Mental / psychiatric disorder (anxiety, depression, suicide, etc.) _____	_____	_____
Drug or alcohol addiction _____	_____	_____
Bleeding tendency _____	_____	_____
Obesity _____	_____	_____

Any other important illness(es) _____

YOUR PERSONAL HABITS:

Smoking: Do you **now, or have you ever** been a smoker? [] YES [] NO, I NEVER SMOKED

Average use (estimate): _____ packs each day for approximately _____ years

If you are a **former** smoker, when did you stop? _____.

Alcohol: Do you drink any alcoholic beverages? [] YES [] NO

Quantity? (please **estimate** the **average** amount) : _____ mixed drinks _____ glasses of wine _____ beer

How often do you drink this amount? (circle one answer) **per** DAY / WEEK / MONTH / YEAR

Have you ever been told or thought that you were an alcoholic? [] YES [] NO

Drugs: Have you **ever** (EVEN ONCE) used a needle/syringe to inject street drugs? [] YES [] NO

Do you now or have you ever used other illicit, illegal or "recreational" drugs? [] YES [] NO

Please explain: _____

CLINICAL NOTES [FOR OFFICE USE ONLY]:

Name: _____

Date of Birth: _____

REVIEW OF SYSTEMS: These are some general health questions– please indicate with an **X** or [*check mark*] if **YOU** have currently or in the past experienced (*to a significant degree*) the following problems. Please provide details as appropriate.

CONSTITUTIONAL:

- ____ Significant change in appetite?
- ____ Have you had any **recent** weight change?.....
 _____ lbs [] Loss [] Gain Since when? _____
- ____ Recent fever?
- ____ Night sweats?

SKIN DISORDERS:

- ____ Eczema?
- ____ Hives?
- ____ Rash requiring treatment?
- ____ Unexplained itching?
- ____ Skin cancer?

HEAD-EYES-EARS-MOUTH-NOSE:

- ____ Any serious head injury?
- ____ Difficulty seeing?
- ____ Eyeglasses or contact lenses?.....
- ____ Cataracts or glaucoma.....
- ____ Any hearing loss?
- ____ Loss of smell?
- ____ Mouth sores?

CARDIOVASCULAR:

- ____ High blood pressure?
- ____ A racing heart/palpitations?
- ____ Chest pains or tightness with exertion (walking/ climbing)?
- ____ Waking up at night short of breath?
- ____ Swollen feet or ankles?
- ____ Leg cramps or leg discomfort with walking?
- ____ Heart murmur?
- ____ Artificial heart valve?
- ____ Any infection of a heart valve?
- ____ Heart attack?
- ____ Pacemaker?

RESPIRATORY:

- ____ Wheezing or asthma?
- ____ Coughing up a lot of phlegm (sputum).....
- ____ Coughing up blood?
- ____ Chronic bronchitis?
- ____ Emphysema?
- ____ Tuberculosis?
- ____ Awakened at night with coughing or choking?.....

GASTROINTESTINAL:

- ____ Hepatitis (liver infection) Type A, B or C or jaundice?
- ____ Cirrhosis (scarring of the liver)?
- ____ Other liver problem or abnormal liver tests?
- ____ Disease of the pancreas (including pancreatitis)?
- ____ Gallbladder problems/stones?
- ____ Problems swallowing food?
- ____ Heartburn or indigestion?
- ____ Bloating?
- ____ Abdominal pain?
- ____ Recent changes in bowel movements?
- ____ Frequent use of laxatives or enemas?.....
- ____ Black or tarry bowel movements?
- ____ Blood in your stools/bowel movements?
- ____ Colon polyps?
- ____ Stomach/duodenal ulcers?
- ____ Vomiting blood?
- ____ Milk / lactose intolerance?

PSYCHIATRIC:

- ____ Hospitalized for nervous breakdown?
- ____ Tension/Anxiety/Depressive Disorder?
- ____ Bipolar Disorder?
- ____ Schizophrenia?
- ____ Ever attempted suicide or serious thoughts about suicide? ...

ENDOCRINE:

- ____ Thyroid disease?
- ____ Diabetes requiring insulin?
- ____ Diabetes requiring pills/diet?
- ____ Any unusual sweating?
- ____ Calcium or bone problems?

HEMATOPOIETIC/LYMPHATIC:

- ____ Anemia or history of anemia?
- ____ Blood transfusions **EVER** in the past.....
 When? _____
- ____ Tendency to bleed easily when cut?
- ____ Blood clotting disorder?
- ____ Are you known to be HIV (AIDS antibody positive)?
- ____ Swelling of any lymph glands?

Name: _____ Date of Birth: _____

MUSCULOSKELETAL:

- ____ Back pain (as a frequent or serious/continuing problem)?
- ____ Muscle weakness or muscle disease?
- ____ Arthritis?
- ____ Stiff or painful muscles or joints?
- ____ Joints ever swollen?

When was your last bone density test (for osteoporosis)? _____
 Was it normal? YES NO _____

GENITOURINARY:

- ____ Kidney disease?
- ____ Kidney stones or past history of kidney stones?
- ____ Painful or difficult urination?
- ____ Blood in your urine?

(FOR MEN ONLY):

- ____ Weak or very slow urine stream?
- ____ Prostate trouble?
- ____ Discharge from your penis?

- ____ Swelling or lumps in your testicles?
- ____ Painful testicles?

NEUROLOGICAL:

- ____ Epilepsy or seizures?.....
- ____ Stroke?
- ____ Frequent or severe headaches?
- ____ Dizziness or blackout spells?.....

GYNECOLOGIC (FOR WOMEN ONLY):

When was your last menstrual period? _____ Was it normal? YES NO

When was your last PAP smear? _____ Was it normal? YES NO

When was your last mammogram? _____ Was it normal? YES NO

Pregnancies : Total # pregnancies _____

____ Births; ____ Miscarriages; ____ Abortions

____ Excessive bleeding with your periods?

____ Bleeding between your periods?

____ Lumps in your breasts?

____ Cancer in the female organs?

____ **Do you think you may be pregnant?**

If there are any other medical problems or questions you would like to address with the physician or staff, please use the space below to record your information:

This information will be kept in your chart, and may be easily updated in the future.
 We welcome any comments or suggestions that might improve the quality of your visit.
 Thank you for your cooperation.

Reviewed by _____ DATE _____